

COMMUNITY CARE SKILLS STANDARDS FRAMEWORK FOR SUPPORT CARE ROLES

Skills Domain	Therapy
Skills Category	Mobility Training
Skills Standard Title	Assist in Mobility Training for Clients
Skills Standard Descriptor	Assist in mobility training as prescribed for clients. Provide feedback on client's performance status.
Skills Proficiency Level	Level 1 <i>Previously 'Basic II' under CCSSF</i>
Source Code	CCSSF-T-MT-2002-1
Knowledge <i>This refers to the gathering and cognitive processing of facts and information required to perform work tasks and activities.</i>	Underpinning Knowledge: • Types and usage of mobility devices which may include (not limited to): ○ Standardised wheelchair ○ Walking sticks ○ Walking frame ○ Quad ○ Crutches ○ Safety of mobility devices. ○ Safety of environment. • Items for mobility training which may include (not limited to): ○ Shoulder sling ○ Gaiter ○ Support knee – corset, braces • Types of mobility training including components and processes which may include (not limited to): ○ Bed mobility ○ Client transfer ○ Sit to stand ○ Ambulation ○ Stairs mobility • Body mechanics • Organisational policies and procedures which may include (not limited to): ○ Assisting in mobility training for client ○ Communicating with client ○ Incident management ○ Assisting in interventions in consultation with qualified personnel ○ Reinstating all tools and equipment used • Provisions of National Infection Prevention and Control Guidelines for Long-Term Care Facilities (2018), which may include (not limited to): ○ Use of personal protective equipment ○ Hygiene practices ○ Handling patients with infection ○ Outbreak ○ Hand hygiene • Relevant legal and/or industrial requirements in relation to support care

	functions, which may include: ○ Implementation Guide to Guidelines for Home Care (Agency for Integrated Care, Singapore) ○ Implementation Guide to Guidelines for Centre-Based Care (Agency for Integrated Care, Singapore) ○ Workplace Safety and Health Guidelines (Workplace Safety and Health Council) ○ National Infection Prevention and Control Guidelines for Long-Term Care Facilities (Ministry of Health) ○ Allied Health Professions Council (AHPC) guidelines on supervision and delegation of tasks to therapy support staff
Ability <i>This refers to the ability to perform the work tasks and activities required of the occupation, and the ability to react to and manage the changes at work.</i>	The ability to: • Greet client and introduce self in accordance with organisational procedure. • Check working condition of mobility devices and environment in accordance with organisational procedure. • Determine levels of assistance in consultation with therapist according to organisational procedure. • Explain to client usage of mobility devices and items for training which may include (not limited to) in accordance with organisational procedure: ○ Wheelchair ○ Walking aids ○ Ankle foot orthosis • Seek inputs from clients for the performing of mobility training on mobility devices for therapist consideration in accordance with organisational procedure. • Prepare clients for mobility training which may include (not limited to) the following types of training in accordance with organisational procedure: ○ Bed mobility ○ Client transfer ○ Sit to stand ○ Ambulation ○ Stairs mobility • Provide mobility training with and without mobility devices in accordance with organisational procedure. • Provide physical support to client where required following established guidelines. • Feedback to therapist on observations made and seek advice for adjustments required in accordance with organisational procedure. • Record training performed on prescribed form for therapist endorsement in accordance with organisational procedure. • Reinstate training area to safe and organised manner in accordance with organisational procedure. • Obtain feedback from client on the mobility training in accordance with organisational procedure.
Person-Centred	Underlying principles:

Care <i>This refers to having a person centred care mind set to drive the care giver to respect and recognise the decisions/choices of the person they are taking care of.</i>	• Treating clients with dignity and respect by being aware of and supporting personal perspectives, values, beliefs, culture and preferences; respecting their privacy while encouraging independence of the individual; and listening to each other and working in partnership to design and deliver services • To be mindful of client's need of reassurance
Performance Outcome <i>This refers to the outcome of the task on the care recipient as indication of workplace success</i>	• The support care staff is able to assist in mobility training for clients in a manner that is respectful of client's dignity, taking into consideration his/her condition, preferences and comfort level.